

FOOD ENRICHMENT

Dogs have a natural desire to engage in enriching mental and physical activities. Leave them to their own devices and they'll likely choose an activity we don't approve of. Let's set them up for success and put mealtime to better use!

SNUFFLE MAT

Snuffle mats are an interactive work-to-eat opportunity that provide entertainment, enrichment, and mental stimulation for dogs as they search and sniff to find their hidden meal. This is a great way to relieve your dog's boredom and expend excess energy in a way that utilizes a highly functional natural dog behavior...sniffing!



LICKY MAT

Licky mats can help to reduce anxiety and boredom. They can create positive associations with events that are otherwise anxiety provoking--alone time, bath time, vet visits etc. The extended licking action promoted by a lick mat actually releases a calming hormone. Some food ideas are: peanut butter, yogurt, smashed sardines, pumpkin puree, babyfood etc.

FOOD BALL

The food ball can encourage slower eating. More importantly, it is another way to reduce boredom, destructive behavior and increase mental stimulation, independent play, and helps to fulfill their natural hunting and foraging instincts.



FOOD PUZZLE

Interactive dog toys, like food puzzles, are designed to help your dog stay busy, stave off boredom, and stimulate their natural curiosity. Although nothing can replace interactive play with their human, puzzle toys are a great, better-than-nothing supplement for when you can't be there.

STUFFED MARROW BONES AND KONGS

Another way to enrich your dog's life by utilizing their meals in ways that don't just feed their bellies but also feed their natural desire to work for their food, chew, lick, play and be mentally enriched.



DIY

There are many ways to make a "food puzzle" without spending money and with supplies that you have at home. A muffin tin, an ice cube tray, paper towel rolls, egg carton, cardboard boxes... get creative!

