

everydog

# love your leash walks



## bingo challenge

How many can you cross off each week?

Bonus points if you share & tag us in your completed challenges!

take a decompression walk	let your dog choose the walking route	practice your attention cue at home	practice "paws on" parkour move
practice rewarding check-ins at home	dedicate time to practicing loose-leash walking*	try a new type of reward	15 minutes of uninterrupted sniff-time
invent a new parkour move	practice your attention cue during a walk	scatter food on the ground for your dog to sniff out	practice rewarding check-ins during a walk
practice "hop on top" parkour move	go to a new location or try a new walking route	weave around obstacles instead of walking past	give your pup a good chin scratch just because

\*How to practice loose-leash walking: Say your marker word (like "yes!") whenever the leash is loose. Then reward your dog by feeding them a piece of motivating food right beside your knee.